

SOPRANO ICE LASER HAIR REMOVAL

This important information is provided to assist you before, during and after your procedure. We want you to get the best possible result and promise to do our best to care for you. Please follow our instructions. If you have any questions or concerns regarding your treatment, please call our office at (501) 661-1234. You may also contact Dr. Sloan at (501) 258-2203.

CARE BEFORE YOUR PROCEDURE

Protect your skin from sun exposure for two weeks before and two weeks after each treatment by using a sunscreen that is PABA free, waterproof, SPF 30 or greater, and effective against UVA and UVB light.

NO RETIN-A OR RETINOL PRODUCTS TO TREATMENT AREA FOR THREE DAYS BEFORE AND THREE DAYS AFTER TREATMENT.

No tweezing, depilatories, waxing or electrolysis for **FOUR WEEKS** before treatment. You may cut or shave hair **ONLY**.

DAY BEFORE YOUR PROCEDURE

Our office will contact you to confirm the time of your procedure. If you need to reschedule or have any questions, please call our office at (501) 661-1234.

Arrive at our office with the area to be treated completely shaved. If the treatment area requires our staff to prep for laser hair removal by shaving, an additional charge will be incurred.

DAY OF YOUR PROCEDURE

Do not apply moisturizer, lotion, perfume, or makeup to the treatment area the day of your procedure. If so, be prepared to wash it off upon arrival.

CARE AFTER YOUR PROCEDURE

You may apply lotion, sunscreen, and makeup immediately following treatment as long as it does not irritate the skin.

You may experience redness or minor swelling of the skin, similar to sunburn. These normal tissue effects are temporary and usually disappear within 1-2 hours.

During the healing phase the area must be treated delicately. Do not rub, scratch, or pick at the treated area. If crusting develops, let it fall off on its own. The area should not be scrubbed. Pat dry. Do not shave over the area if any crusting or scabbing occurs. This is very rare.

Blistering may rarely occur. Apply a thin layer of Polysporin ointment to the treated area several times a day to keep moist. Contact our office immediately if you develop blistering.

Cold packs or soothing aloe vera gel may be used to ease discomfort. Tylenol, aspirin, or Ibuprofen may also reduce post treatment discomfort.

If post treatment swelling occurs, avoid sports, swimming, and strenuous exercise for three days following treatment.

No tweezing, waxing, bleaching, or use of depilatories at any time during course of treatment. Doing so will decrease your chances of hair growth reduction.