

FOTOFACIAL TREATMENT INSTRUCTION

This important information is provided to assist you before, during and after your procedure. We want you to get the best possible result and promise to do our best to care for you. Please follow our instructions. If you have any questions or concerns regarding your treatment, please call our office at (501) 661-1234. You may also contact Dr. Sloan at (501) 258-2203.

CARE BEFORE YOUR PROCEDURE

Protect your skin from sun exposure for two weeks before and two weeks after each treatment by using a sunscreen that is PABA free, waterproof, SPF 30 or greater and effective against UVA and UVB light.

NO RETIN-A OR RETINOL ON THE TREATMENT AREA FOR THREE DAYS BEFORE OR THREE DAYS AFTER TREATMENT.

DAY BEFORE YOUR PROCEDURE

Our office will contact you to confirm the time of your procedure. If you do not hear from us, need to reschedule or have any questions, please call our office at (501) 661-1234.

DAY OF YOUR PROCEDURE

Do not apply moisturizer, lotion, perfume, or makeup to the treatment area the day of your procedure. If so, be prepared to wash it off upon arrival.

CARE AFTER YOUR PROCEDURE

You may apply lotion, sunscreen and makeup immediately following treatment as long as it does not irritate the skin.

You may experience redness or minor swelling of the skin, similar to mild sunburn. These normal tissue effects are temporary and usually disappear within 24 hours.

During the healing phase, the area must be treated delicately. Do not rub, scratch or pick at the treatment area. If a crust develops, let the crust fall off on its own. The area should not be scrubbed. Pat dry. Do not shave over the area if any crusting or scabbing occurs.

Blistering may rarely occur. Apply a thin layer of Polysporin ointment to the treated area several times a day to keep moist. Contact the office immediately if you develop blistering.

Cold packs or soothing aloe vera gel may be used to ease any discomfort. Tylenol, aspirin, or ibuprofen may also reduce post treatment discomfort.

If post treatment swelling occurs, avoid sport, swimming and strenuous exercise for three days following treatment.

Men should avoid shaving with a razor for the first 2-3 days after treatment. An electric razor may be used after 24 hours. Avoid waxing, tweezing, bleaching or using depilatories for at least five days after treatment.