

EYELIDS /BROWLIFT

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Aesthetic
PLASTIC SURGERY
Beauty. Refinement. Confidence.

THE PROBLEM

- My eyes
 - Look tired
 - Look sad
 - Look old
- Need my eyes opened up

THE APPEARANCE

- Wrinkling of forehead
- Sagging of eyebrows
- Excess eyelid skin
- Wrinkled eyelid skin
- Bulging fat pads
- Hollow below eyes



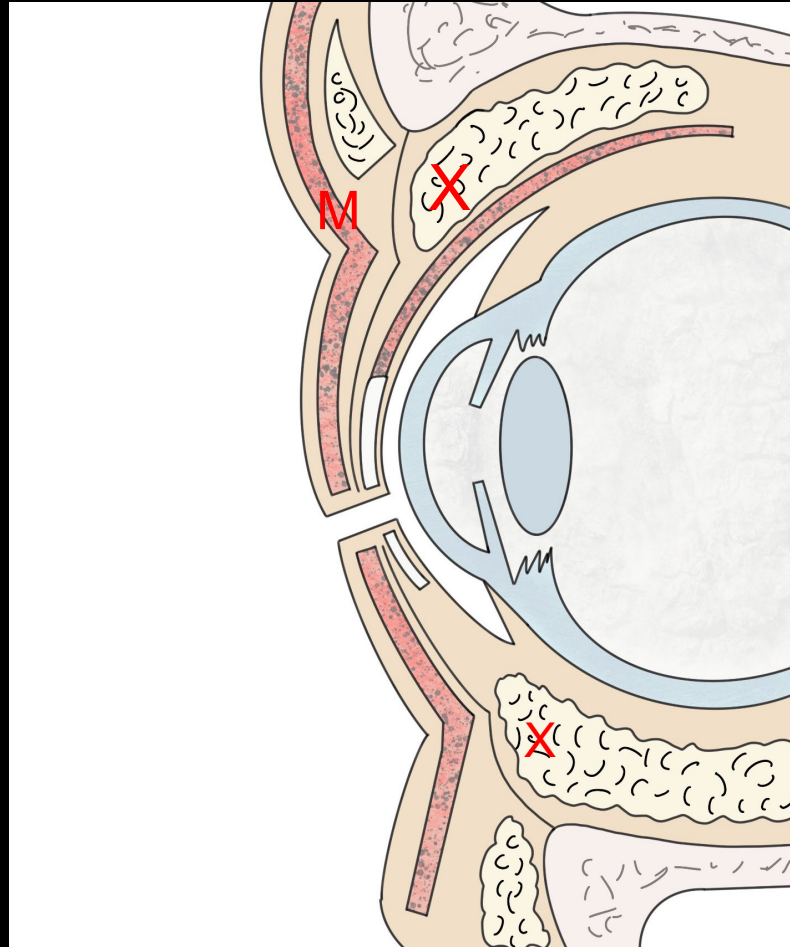
THE CAUSE

- Unavoidable
 - Aging
 - Gravity
 - Heredity
- Avoidable
 - Sun
 - Smoking
 - Alcohol



ESSENTIAL ANATOMY

- Skin
- Muscle (M)
- Fat (X)
- Upper Lid
- Lower Lid
- Cheek



GOALS

- More youthful appearance
- Look less tired
- Forehead / Brow
 - Elevate eyebrows
 - Reduce wrinkles



TREATMENT OPTIONS

- Botox
- Dermal Filler or Fat Graft
- Skin resurfacing – peel, laser, RF microneedling
- Upper and / or lower lid surgery
- Browlift



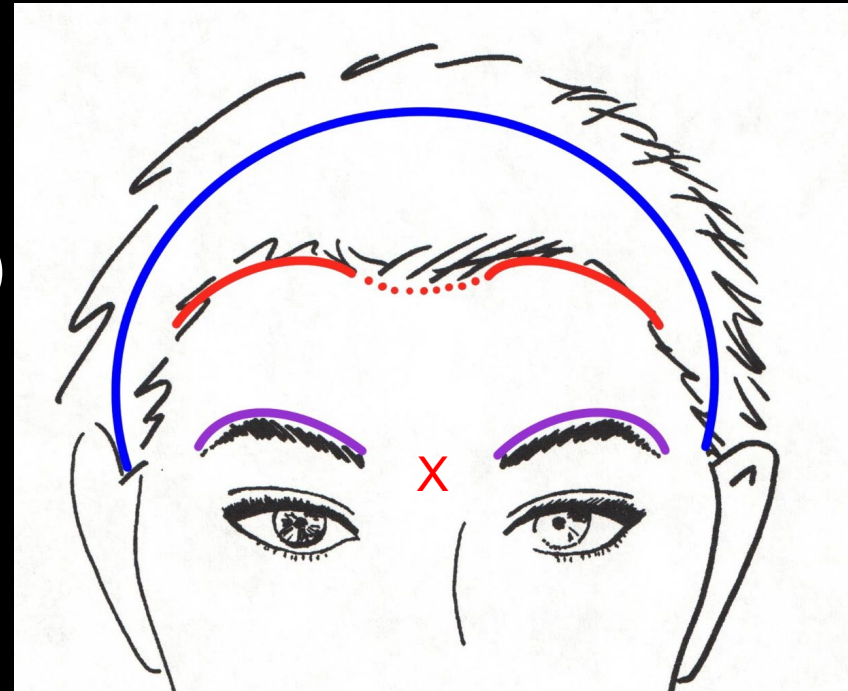
FOREHEAD/BROWLIFT

- Corrects the low eyebrow position
- Softens forehead wrinkles
- Improves tired or sad look
- Reduces worried or angry expression
- Try to improve asymmetry



BROWLIFT TECHNIQUE

- Incisions
 - Coronal (blue)
 - Hairline (red w dash)
 - Temple (red)
 - Brow (purple)
 - Endoscopic
- Treat Muscles (X)



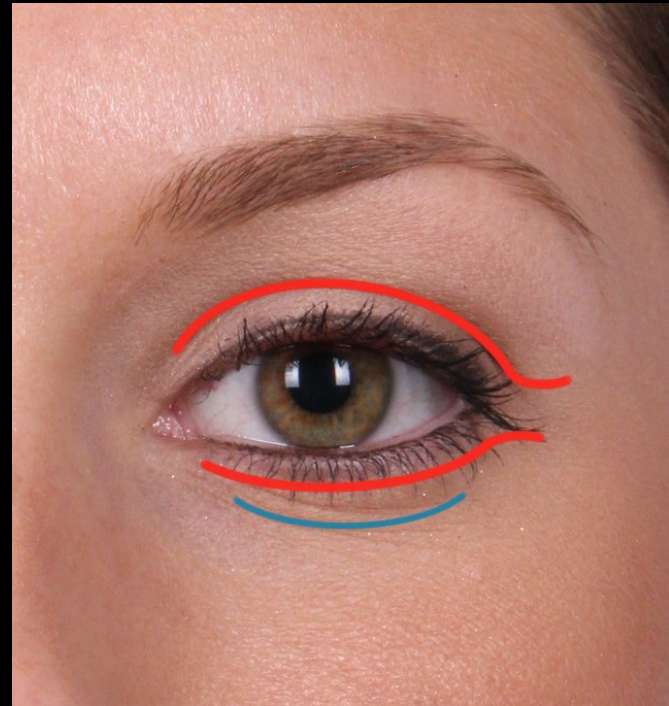
EYELIDS

- Remove excess skin and fat from upper lids
- Remove excess skin and fat from lower lids
- Add fat to hollow lower lid area
- Peel or RF microneedling to lower lids
- Corrects tired or sad appearance
- Gives more alert and rested appearance



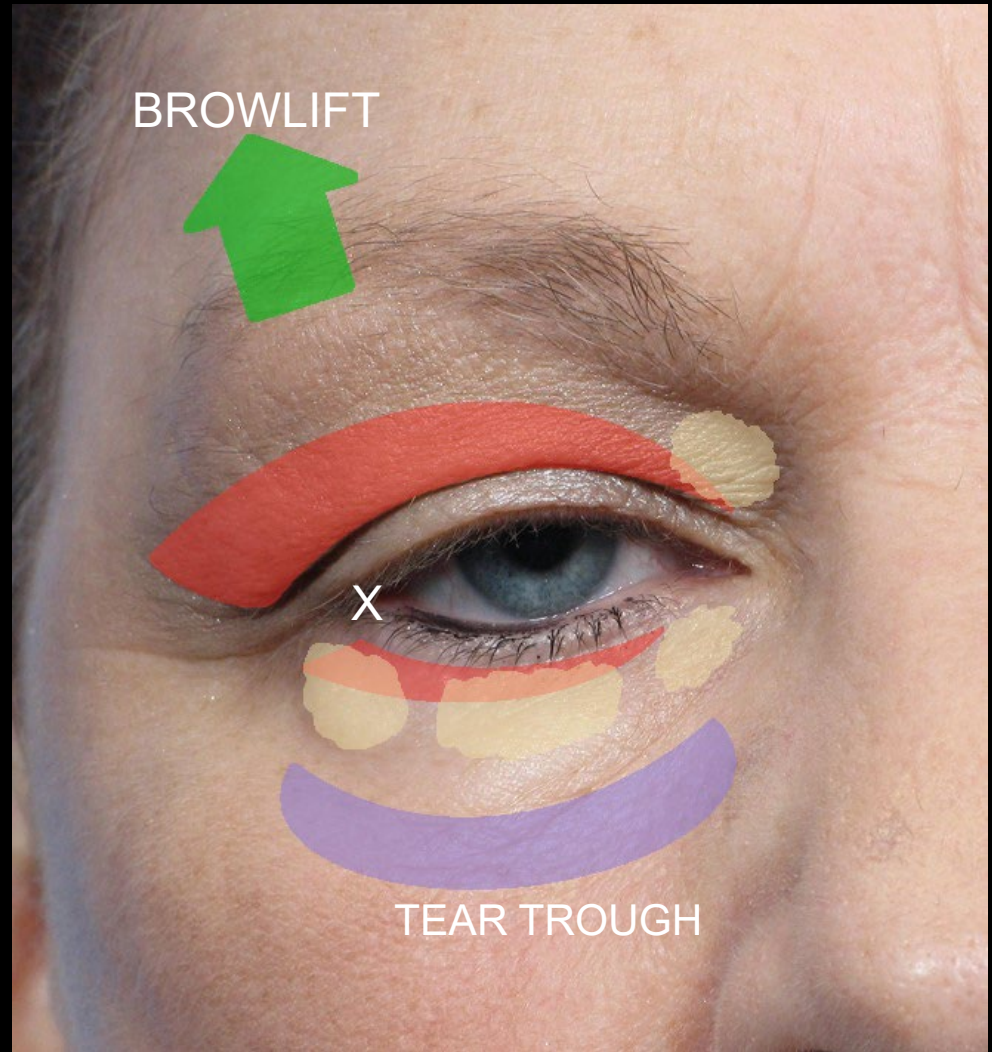
EYELID TECHNIQUE

- Incisions
 - Upper
 - Lower outside (red)
 - Lower inside (blue)



TYPICAL TREATMENT PLAN

- Browlift
- Upper lid
 - Skin (red)
 - Muscle
 - Fat (yellow)
- Lower lid
 - Skin (red)
 - Fat (yellow)
- Canthopexy (X)
- Fat inject to tear trough



PROCEDURE

- Outpatient surgery
- General anesthesia
- Procedure takes 1 to 3 hours
- Recovery room 1 hour
- Need caregiver first 24 hours



RECOVERY

- Off work 1 week
- No driving 1 week
- Sutures out 4-7 days
- Browlift may need drain
- Return to social activities 1-2 weeks
- Keep makeup off eyelid incisions 3 weeks



TRADE OFFS

- Browlift
 - Scalp numb for many months
 - Tightness
 - Sunlight more bothersome
- Eyelids
 - Tightness
 - Scars stiffer, thicker at one month
 - Any asymmetry will persist



RISKS

- Patient dissatisfaction
- Need for revision
- Corneal abrasion
- Prevent lower lid retraction
- Prevent Dryness
 - Eyedrops routinely used



OUTCOME

- Appear
 - Less tired
 - Younger
 - More relaxed and refreshed
 - More alert and rested



UPPER LIDS



UPPER LIDS



BROW, UPPER, LOWER LIDS



UPPER LIDS, LOWER LID FILLER



BROW, UPPER, LOWER LIDS



BROW ASYMMETRY



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